

PRSRT STD  
U.S. POSTAGE  
**PAID**  
PERMIT NO. 8  
AUGUSTA, MAINE

2025

# Work Zone Traffic Control

**SAME PROGRAM AS 2020-2024**

This workshop  
will satisfy the  
Maine Bureau  
of Labor Standards  
requirements for work  
zone training.

*Protect your workers  
Protect yourself  
Protect your town*



Sponsored By:

**MAINE LOCAL ROADS CENTER**

Maine Department of Transportation  
Community Services Division



## WHO SHOULD ATTEND

- Public Works Directors
- Road Foremen & Crew Members
- Selectmen
- Road Commissioners
- Town/City Managers
- Private Contractors
- Utility Districts (water, sewer, etc.)
- Anyone working on public roads

This course is intended for persons responsible for the planning and set-up of traffic control zones and/or the directing of traffic through short-term construction and maintenance work sites on Maine local roads.



## WHAT WILL BE COVERED

**This workshop combines videos, group discussion, “hands-on” problem solving, and lecture to explain:**

- How to stay compliant with Bureau of Labor Standards.
- The latest **2023** minimum standards of the **MUTCD**.
- Your Town’s legal liability relative to Tort Claims and national, state, and local standards.
- Proper uses of cones, orange signs, barricades, flaggers, etc.
- The parts of a typical work zone and how to deal with common problems. potholes, grading roads, replacing culverts, etc.

MAINE LOCAL ROADS CENTER

Community Services Division

Maine Department of Transportation

16 State House Station

Augusta, Maine 04333-0016

RETURN SERVICE REQUESTED

# WORKSHOP LOCATIONS

**Skowhegan**  
Community Center; 39 Poulin Drive  
Wednesday, February 26th

**Auburn**  
Senior Community Ctr; 48 Pettengill Park  
Thursday, March 6th

**Paris**  
Fire Station; 137 Western Ave.  
Tuesday, April 8th

**Union**  
Town Office 567; Common Rd.  
Wednesday, April 9th

**South Portland**  
Community Center; 21 Nelson Road  
Tuesday, April 15th

**Ellsworth**  
Elks Lodge #2743; 317 High St.  
Wednesday, April 30th

**Buxton**  
185 Portland Rd.  
Thursday, May 8th

**Brewer**  
Jeff's Catering & Event Ctr.  
Industrial Park  
15 Eventcenter Way  
Tuesday, May 20th

**Presque Isle**  
Northern Maine Community  
College Edmunds Conference Ctr.  
33 Edgemont Dr.  
Thursday, May 21st

## INSTRUCTOR

Pete Coughlan, Director MLRC

# AGENDA

## SAME PROGRAM AS 2020-2024

- 7:30 a.m.** Registration/Breakfast
- 8:00 a.m.** Introduction/Overview
  - Legal Liability
  - Distracted Drivers
  - Using signs, cones, flaggers, etc.
  - Proper tapers, buffers, lane shifts
  - Parts of a work zone...rural vs. urban
  - Mobile vs. stationary zones
- 11:30 a.m.** LUNCH
- 12:15 p.m.** "Desktop" typical application
  - "Hands-on" set-up for various types of work (grading, pothole, patching, etc.)
  - Flagging Do's & Don't's
- 3:00 p.m.** Evaluation & Adjourn

This course will cover the latest **2023** minimum standards of Part VI of the **Manual on Uniform Traffic Control Devices (MUTCD)**. This manual serves as the national, state, and local standard for traffic control during construction and maintenance operations on streets and highways in the United States. The standards apply to all public roads regardless of type, class or agency having jurisdiction over them

- All participants will receive:**
- **Work Zone Traffic Control Handbook**
    - a pocket-sized quick reference of typical work zone situations & set-ups on local roads. Produced by the Maine Local Roads Center



## WORK ZONE TRAFFIC CONTROL REGISTRATION FORM

**SAME PROGRAM AS 2020-2024**

Municipality: \_\_\_\_\_

Name	Title	Phone #	MCAPWA
1. _____	_____	_____	Y _ N _
2. _____	_____	_____	Y _ N _
3. _____	_____	_____	Y _ N _
4. _____	_____	_____	Y _ N _

Please **CIRCLE** which class: SKOWHEGAN AUBURN PARIS UNION

SOUTH PORTLAND ELLSWORTH BUXTON BREWER PRESQUE ISLE

Please call 1-800-498-9133, 592-3371 or email [tammy.sobiecki@maine.gov](mailto:tammy.sobiecki@maine.gov), or return this form by mail so that we can receive it at least **THREE** working days before the workshop date to:

### MAINE LOCAL ROADS CENTER

Maine Department of Transportation  
ATTN: Tammy Sobiecki  
16 State House Station  
Augusta, Maine 04333-0016

**REGISTRATION FEE \$50** for first registrant and **\$30** for each additional person from the same municipality. **\$10 Discount for MCAPWA individual members!** Please indicate on this form. (includes all handouts, breakfast & lunch). Copy registration form if necessary.

**Sorry, no refunds!**

Payment should accompany registration.

**Make checks payable to:**  
**Treasurer, State of Maine**